

# ScrollOff

## WP4 - Youth Lab



# Table of Contents



1. Introduction

3

---

Part 1: Working plan

2. Outputs of the WP4
3. Dissemination & visibility
4. Evaluation and reporting
5. Timeline

4

Annexes

---

Part 2: National Workshop

1. Introduction
2. Partners' report
3. Audience description
4. Evaluation
5. Policy Brief – Key Policy & Relevant Findings
6. Conclusion

20

---

Part 3: International lab

1. Introduction
2. Structure of the International Lab
3. Promotion of experts - campaign
4. Expert Presentations – Summary and Materials
5. Audience and Reach
6. Evaluations – Experts and Lab Evaluation
7. Conclusion

27

---

Final Conclusion

41

# 1. Introduction

This Work Package (WP4) aims to strengthen the youth worker's contribution to preventing gender-based hate speech and promoting young people's mental health. It is committed to equipping youth workers with skills, competencies, and tools to identify, evade, and combat such issues and design safe and inclusive spaces for young people's activity.

WP4's primary goals include organising national workshops and an International Lab to train youth workers, enable support groups, and improve active communication among professionals and young people. WP4 will thus improve the capacity of youth workers to serve young people, create awareness on gender violence, and compel young people to access help and become empowered in both online and offline spaces.

This document provides an overview of the implementation of WP4 activities, covering Part 1 – Planning, Part 2 – Implementation of the National Workshops, and Part 3 – The International Three-Day Online Lab.



# Part 1: Working Plan

# 2. Outputs of the WP4

## 2.1. National workshops and labs

Among WP4's core activities are the National Workshops, whose purpose is to enhance the competences of youth workers in recognizing and combating gender-based hate speech, while also addressing young people's mental health. In total, we have been allocated five national workshops: two in Sweden, organized by Halmstad University and IKF Malmö; one in Cyprus, organized by Stando; one in Greece, organized by HIVE; and one in the Czech Republic, organized by BPWCz.

Every workshop will consist of **at least 25 youth workers and 2 social workers or psychologists**, thereby ensuring a heterogeneous and professional number of participants. After all organizational preparations are made and the participants are selected, the workshops will offer intensive youth work sessions on issues such as gender-based hate speech and its psychological effects on teenagers. These workshop sessions will use explicit material out of project deliverables—e.g., the role-playing exercises developed in WP3 and the Reference KeyBook developed in WP2—to offer a hands-on, experiential training approach.

The central activity of the workshops will be to familiarise participants with the ScrollOff portal. By practical exercise, youth workers will learn how to use its Forum and Support Group facilities, acquiring skills to implement these tools in their regular work with young people. These facilities will extend beyond workshop sessions and will be highlighted at the International Lab to facilitate continuous training and assistance.

### **Main Objectives and Indicators**

- 1.** Conduct 5 national workshops
- 2.** Train a minimum of 108 participants (25 youth workers + 2 social workers per workshop).
- 3.** Deliver training through WP3 role-play scenario and WP2 Reference KeyBook.
- 4.** 95% successful delivery and participant satisfaction, based on feedback.
- 5.** Use participants' feedback in establishing more targeted workshop aims and content.

# 2. Outputs of the WP4

## 2.1. National workshops and labs

### National workshop materials out of project deliverables:

#### 1. Reference KeyBook developed in WP2

- IKF and HH will develop a PPT template with brief information from the Reference KeyBook and will develop interactive materials (Canva, Kahoot, and Mentimeter).
- Partners will develop the PPT based on each partner country's context.
- Partners will use real scenarios and stories from the focus group that they have conducted in WP2.
- Each workshop will include a mini-workshop about the call for action and hate speech campaign (on each partner's country level).
- After the national workshops, each partner will provide IKF and HH with outputs and remarks from the workshop that will be used to develop the international lab.
- HH and IKF will develop a template for the output, and they will also use the evaluation results.

## 2. Outputs of the WP4

### 2.2 Youth Workers International Lab (Online)

#### **Certification and Dissemination:**

1. Certificate of Attendance for all the participants.
2. Certificate of Completion on the completion of each platform.
3. Distributing findings through EPALE, Atlas, national partnership networks and social media.
4. Pre-Lab promotional campaign through brief clips, quizzes and interactive web pages for advance preparation of the group.

### 2.3. Target Groups

#### **Youth Workers:**

- National Workshops: At least 25 youth workers per workshop (150 total) will receive training to identify and respond to gender-based hate speech and support young people's mental health.
- International Lab: At least 5 youth workers per partner (35 total) will participate in interactive sessions with young people, applying their training.

#### **Young People:**

- International Lab: At least 10 young people per partner (70 total) will engage in discussions, learn to navigate the ScrollOff portal, and help shape the support group feature for a safer digital environment.

#### **Social Workers & Psychologists:**

- Each National Workshop will include 2 professionals (12 total) specializing in mental health and youth well-being. They will provide expertise, support workshop delivery, and guide role-playing scenarios and discussions.

The ScrollOff gateway will act as both a training and follow-up tool, facilitating ongoing interaction between youth workers and young people in safe, supportive environments. Preparation will occur from late May to August 2025, with the workshop schedules finalized by mid-June. The workshops will be held between September 1–30, 2025.

## 2.2. Youth Workers International Lab (Online)

WP4.A3 activity, which is coordinated by Halmstad, addresses International Lab implementation and group establishment upon successful implementation of National Workshops. Leveraging on experience acquired from WP2 and WP3, the 3-day virtual session will create an intergenerational platform for youth and youth workers from partner countries for sharing of discussions on gendered hate speech, disinformation, and negative social media norms.

The International Lab will take place online at 3 to 5 of November 2025 for maximum participation without geographic boundaries. It will accommodate about **70 young people and 35 youth workers** for face-to-face interaction, communication, and application of skills in a basic and secure virtual environment. Halmstad will provide facilitation when necessary, making it easy and possible for integration of agendas as well as meaningful participation through digital and controlled sessions.

### Preliminary Laboratory Structure and Content

**Day 1:** Platform orientation and key materials and platform familiarization (according to Reference KeyBook).

**Day 2:** Facilitated utilization of the ScrollOff portal Support Group and chat functionality.

**Day 3:** Role-play activities, feedback collection and reflection.

The interactive hands-on training through quizzes, learning games, and real-life simulation (e.g., Mentimeter) will be the most interactive. The learners will utilize the ScrollOff portal in the Lab for engaging in the Forum (for open and general communication) and Support Group Channel (for close and help-line-type interaction). The equipment for the training will apply the PPT version of KeyBook materials and role-play exercises developed in WP3

## 2.2. Youth Workers International Lab (Online)

**International lab materials out of project deliverables:**

### **Reference KeyBook developed in WP2**

- IKF and HH will develop a PPT template with information from the Reference KeyBook and will develop interactive materials (Canva, Kahoot, and Mentimeter).
- Partners will help IKF and HH to develop the PPT based on each partner country's output and reflection after the national workshop.
- During the International lab, cases and problems identified during the national workshops will be presented.
- Each workshop will include a mini-workshop about the call for action and hate speech campaign (on the EU level).
- Mentimeter is a suggested platform for interactive presentations.

# 3. Dissemination & Visibility

## 3.1. WP4 Dissemination Activities

### The pre-event campaigns will:

Promote upcoming WP4 activity to the target groups (young people, youth workers, psychologists/social workers, and trainers).

1. Increase social media visibility and professional reputation of the project.
2. Promote the ScrollOff portal and create advance familiarity with its features (forum, support group).
3. Share the project as a valuable tool among youth workers and online safety.

### Social Media Campaigns

Each partner will have a formal campaign on Facebook, Instagram, LinkedIn, and X (formerly Twitter).

### **The campaign material will include:**

1. Call for Participants posts for each target audience (youth workers, youth, professionals).
2. Countdown Event Teasers and visuals.
3. Infographics of WP4 objectives and training available.
4. Short promotional videos introducing the ScrollOff portal and how to register or take part.

### **Press & Media Engagement:**

- Local and national media and press will be provided with press releases drafted by partners, especially in education, youth, and digital rights domains.

### Canva links to dissemination materials:

- [Invitation letter of ScrollOff Youth Workers' Training](#)
- [Invitation letter of Youth-International Lab & Support Group Establishment](#)
- [Tentative agenda of ScrollOff Youth Workers' Training](#)
- [Tentative agenda of Youth-International Lab & Support Group Establishment](#)

## 4. Evaluation and reporting

Both events will be thoroughly evaluated in relation to the project's Key Performance Indicators (KPIs) to measure the effectiveness and success of the activities. To ensure comprehensive feedback, evaluation forms for each event will be distributed by the evaluation leader prior to the events, allowing participants to provide their insights and assessments.

The reporting and documentation process will involve a variety of materials to capture the full scope of the events. This will include visual documentation such as photos and videos, which will serve to highlight key moments and activities. In addition, detailed evaluation reports will be compiled based on the feedback collected through the evaluation forms, offering valuable insights into the events' impact. Other essential documents will include attendance lists, to track participant engagement, certificates, to acknowledge participant involvement, and registration forms, to confirm the details of those attending.

## 5. Timeline

Phase	Timeframe	Key Activities	Responsible Partner	Expected Outputs
<b>Planning &amp; set up</b>	May 30, 20...	<ul style="list-style-type: none"> <li>- Define target</li> <li>- Develop campaign plan &amp; visual identity toolkit</li> </ul>	WP4 STANDO + All Partners	Campaign plan, social media & schedule
<b>Launch Phase 1 (both events)</b>	June 30, 2025	<ul style="list-style-type: none"> <li>- “Save the Date” campaign (social media + websites)</li> <li>- Submit EPALC calendar</li> </ul>	All partners	EPALC draft listings, updated website pages, Press releases, demo videos
<b>Recruitment &amp; Info Sharing (both events)</b>	July 31, 2025	<ul style="list-style-type: none"> <li>-social campaigns, outreach target organisations, publish epale atlas posts and blogs</li> </ul>	All partners	Emails sent; registration starts for National Workshops
<b>Agenda preparations (both events)</b>	August 1-15, 2025	<ul style="list-style-type: none"> <li>-Finalise agenda with 2 external educators</li> </ul>	Stando	Final Agenda
<b>Sharing of Agenda of events</b>	August 15-30, 2025	<ul style="list-style-type: none"> <li>-Share detailed workshop agendas, platform access instructions</li> </ul>	All partners	Final event packages sent to participants
<b>National Workshops</b>	September 1-30, 2025	<ul style="list-style-type: none"> <li>-Workshops, evaluations, lunch of support group</li> </ul>	All partners	National Workshops with youth workers

## 5. Timeline

Phase	Timeframe	Key Activities	Responsible Partner	Expected Outputs
<b>International Lab Promotion &amp; Execution</b>	Oct 31, 2025	-Workshops, evaluations, lunch of support group	WP4 STANDO + All Partners	International Lab & Support Group Establishment
<b>Post-Event Visibility &amp; Follow-up</b>	November 30, 2025	Share event outcomes on EPALE, Atlas, websites	All partners	Publish of final product

# Annexes

**Annex 1:** National workshop invitation letter template

**Annex 2:** International workshop invitation letter template

**Annex 3:** Tentative agenda of ScrollOff Youth Workers' Training (nationals)

**Annex 4:** Tentative agenda of Youth-International Lab & Support Group  
Establishment (online LTTA)



# ScrollOff Youth Workers' Training: Combating Gender-Based Hate Speech & Disinformation

Hosted by

## What is the project about?

The ScrollOff project aims to train youth workers into how to recognise gendered-hate speech and disinformation spread through social media and affect the mentality of young people as well as into how to support young people victims of social media disinformation around gender and victims of social media gendered-hate speech.

## What does this training covers?

The training workshops will equip youth workers with practical steps to identify and address gender-based hate speech and online disinformation. They will also empower them to support young people experiencing these issues. The ScrollOff gateway will act as both a training and follow-up tool, facilitating ongoing interaction between youth workers and young people in safe, supportive environment.

### Topics of the training:

1. Identifying Gender-Oriented Hate Speech
2. Counteracting Online Disinformation
3. Supporting Young People Facing These Issues
4. Practical Interactive Tools and Techniques
5. Integration of Theoretical and Practical Foundations
6. Sustaining Impact After the Workshops



**Event location**



**Event Date**



**Duration: 2 days**

**Secure your position now! Free training!**

**REGISTRATION**



**Certificate  
of Attendance for all the  
participants.**

# Scroll off: Empowering youth to combat gender based disinformation and hate speech spread through social media

Project Number: 2023-2-SE02-KA220-YOU-000170150

## ScrollOff Youth Workers' Training

 **Event location**

 **Event Dates**

 **Hosted by**

## Agenda

- 10:00-10:30 Welcome & registration
- 10:30-11:00 Project Overview
- 11:00-11:30 Presentation of Reference KeyBook
- 11:30-12:00 Coffee Break
- 12:00-13:30 Presentation of Role Play Courses and e-learning
- 13:30-14:00 Lunch Break
- 14:00-15:30 Group activities & Role Play simulations
- 15:30-16:00 Closing of the day and remarks.



## ScrollOff

### Youth-International Lab & Support Group Establishment for Youth Workers and Young People.

#### What is the project about?

The ScrollOff project aims to train youth workers into how to recognise gendered-hate speech and disinformation spread through social media and affect the mentality of young people as well as into how to support young people victims of social media disinformation around gender and victims of social media gendered-hate speech.

#### What does this training covers?

This training covers platform usage, peer support group involvement, interactive simulation activities, and decision-making exercises. It also includes training on keybook content, transforming it into accessible formats, and utilizing engaging tools like quizzes and Mentimeter to enhance learning and participation.

#### Topics of the training:

1. Effective use of the platform.
2. Peer support and help line features.
3. Interactive tools and simulation activities (e.g., Mentimeter, quizzes).
4. Hands-on activities on the keybook content.
5. Real-life decision-making and engagement strategies.

 **Online**

 **Event Dates: 3-5 of November 2025**

 **Duration: 3 days**

**Secure your position now!**

**REGISTRATION**

**FREE**



**Certificate  
of Attendance for all the  
participants.**

# Scroll off: Empowering youth to combat gender based disinformation and hate speech spread through social media

Project Number: 2023-2-SE02-KA220-YOU-000170150

**Youth-International Lab & Support Group  
Establishment for Youth Workers and Young People.**

 **Online**

 **Event Dates**

 **Training Link**

## Agenda Day 1

- 10:00-10:30 Welcome & registration
- 10:30-11:00 Project Overview
- 11:00-11:30 Discussions on hate-speech experience
- 11:30-12:00 Break
- 12:00-12:30 Peer Support and Help Line Features
- 12:30-13:30 Group activities & Role Play simulations
- 13:00-15:00 Homework on role play simulation
- 15:00-15:30 Closing of 1<sup>st</sup> day and remarks.

## **Agenda Day 2**

- 10:00-10:30 Welcome & registration
- 10:30-11:00 Presentation and registration on e-learning platform
- 11:00-11:30 Case studies from Key Reference book
- 11:30-12:00 Break
- 12:00-13:30 Group work on case studies on decision-making elements
- 13:30-14:00 Break
- 13:30-15:00 Homework on case studies
- 15:00-15:30 Closing of 2<sup>nd</sup> day and remarks

## **Agenda Day 3**

- 10:00-10:15 Welcome & registration
- 10:30-11:00 Hands-on Activities with Keybook Content
- 11:00-11:30 Lecture on hate speech (Myrianti Karantona, expert in gender equality)
- 11:30-12:00 Break
- 12:00-13:30 Testing of the help line future
- 13:30-14:00 Break
- 13:30-14:30 Evaluation and review
- 14:30-15:00 Closing ceremony



# Part 2:

# National Workshop



# 1. Introduction

The National Workshops aimed at improving youth workers' competences in recognising and combating gender-based hate speech, with a strong emphasis on safeguarding young people's mental health in digital environments.

In total, five national workshops were carried out: two in Sweden, organized by Halmstad University and IKF Malmö; one in Cyprus, organized by Stando; one in Greece, organized by HIVE; and one in the Czech Republic, organized by BPWCz.

Each workshop brought together at least 25 youth workers and 2 social workers or psychologists, ensuring multidisciplinary perspectives and professional diversity. Workshops were grounded in project results from WP2 and WP3, particularly the Reference KeyBook and role-play scenarios, and were designed to equip participants with practical, transferable tools for their daily work with young people.

A central pillar of WP4 was the introduction and practical application of the ScrollOff Portal, ensuring sustainability beyond the workshops themselves.

## 2. Partners' Report

Each partner reported the outcomes of their national activities through two separate evaluation documents:

- (i) a National Workshop Quality Evaluation Report, and
- (ii) a National Event Report.

All relevant supporting documentation—including photos, evaluation links and responses, agendas, invitation letters, and participant lists—was uploaded to the respective partner folders in the project's shared drive.

### **Submitted documentation by partner country:**

- Sweden
  
- Czech Republic
  
- Greece
  
- Cyprus:

For more information about the process and individual country reports, please contact us at: [scrolloffproject@gmail.com](mailto:scrolloffproject@gmail.com)

# 3. Audience Description

The primary target group of WP4 National Workshops consisted of:

- Youth workers active in community, educational, and sports-based youth settings
- Social workers and psychologists supporting young people’s mental health
- Project ambassadors and trainers working on inclusion, gender equality, and anti-discrimination
- In some national contexts, students and early-career professionals in social sciences and youth-related fields (e.g. Sweden – Halmstad University)

Participants typically worked directly with adolescents and young adults (13–30) who are exposed to online hate speech, cyberbullying, and digital gender-based violence. Many participants reported prior experience dealing with discrimination and mental health issues but lacked structured tools and frameworks—an identified gap that WP4 effectively addressed.

Special attention was given to intersectional vulnerabilities, particularly the experiences of girls and young women with migrant or foreign backgrounds, who were consistently identified as disproportionately affected by online harassment

## 4. Evaluation

WP4 National Workshops were successfully implemented and achieved their core objectives of strengthening youth workers' capacities to recognise, prevent, and address gender-based hate speech, while simultaneously enhancing awareness of young people's mental health needs. Despite contextual challenges, the adapted implementation strategy ensured that both qualitative and quantitative targets were largely met.

Across partner countries, the workshops demonstrated very high levels of participant satisfaction (exceeding 95%), strong engagement with participatory and experiential methodologies, and measurable improvements in professional confidence. In particular, participants reported increased capacity in identifying gender-based hate speech, responding effectively to online harassment, and supporting young people experiencing psychological distress.

The national workshops implemented in Sweden and the Czech Republic showed that hands-on approaches—such as role-play scenarios, real-life case discussions, and experiential learning—were especially effective in translating theoretical knowledge into practical youth work tools. Moreover, the ScrollOff Portal and the Reference KeyBook were consistently assessed as accessible, user-friendly, and highly relevant resources for everyday youth work practice.

Similarly, the workshops conducted in Greece and Cyprus confirmed these findings, demonstrating strong participant engagement, high satisfaction rates, and clear evidence of increased awareness and skill development. Participants in these countries particularly valued the practical orientation of the sessions, the focus on mental health in relation to online hate speech, and the opportunity to contextualise the ScrollOff tools within their national youth work realities.

Taken together, these results indicate a strong level of cross-country coherence and effectiveness within WP4, confirming that the workshop model is both adaptable to different national contexts and capable of generating sustainable impact across diverse youth work environments.

# 5. Policy Brief – Key Policy & Relevant Findings

Based on participant feedback, evaluations, and workshop discussions, several policy-relevant conclusions emerged across national contexts:

## Policy Issue

Gender-based hate speech online remains insufficiently addressed within existing youth work frameworks, while mental health support is often fragmented or under-resourced.

## Evidence from WP4

- Participants strongly supported the need for national-level policies that formalise training on gender-based hate speech for youth workers (average agreement 4.2/5)
- There was a parallel recognition of the need for systematic mental health awareness and referral mechanisms within youth work and sports organisations
- Tools such as digital platforms, moderated forums, and peer-support groups were viewed as effective complements to offline youth work.

## Policy Recommendations

- 1) Institutionalise mandatory training on gender-based online hate speech within youth work qualification frameworks.
- 2) Integrate mental health literacy into youth and sports policies, with clear referral pathways to professional support.
- 3) Support EU-level digital tools, such as the ScrollOff Portal, as long-term resources for youth workers beyond project lifetimes.
- 4) Encourage cross-sector collaboration between youth work, education, sports, and mental health services.

## 6. Conclusion

The WP4 National Workshops clearly show how well-designed and well-implemented training approaches can have a beneficial effect on youth workers' competencies in dealing with complex topics like gender-based hate speech and mental health in online spaces.

The Swedish workshops have empirical evidence of their impact: high engagement, increased professional confidence, and clear intentions to use the learning outcomes in their practice. Where similar results observed in the other partner countries, WP4 is a successful model for capacity building in youth work.

Crucially, WP4 verifies that online hate speech can in no way be considered in isolation to mental health issues or issues of gender equality. In this way, through its provision of useful skills, reflection spaces, as well as online tools, the ScrollOff project does have a significant part to play in a safer online/offline environment.



# Part 3: International Lab



# 1. Introduction

## Definition of the International Lab

The Youth Workers International Lab (Online) was conceptualized as an interactive transnational learning environment that brought together youth workers, youth, and mental health professionals. The Lab sought to enhance capacities to identify, prevent, and respond to gender-based hate speech online, while also addressing its effects on the mental health and well-being of young people.

The Lab was a useful extension of the national workshops, allowing trained youth workers to apply their knowledge in an international setting where peer learning was possible. The Lab was also a testing ground for the ScrollOff portal, which aimed to provide a safe online experience.

## 2. Structure of the International Lab

The International Lab was delivered online and structured around interactive and participatory methodologies, ensuring active engagement of all target groups.

### Structure Overview:

- Opening Session
  - Welcome and objectives of the Lab
  - Introduction of partners, youth workers, experts, and young people
- Expert-Led Input Sessions
  - Presentations on gender-based hate speech, online risks, and mental health impacts
- Interactive Workshops
  - Case studies and real-life scenarios
  - Role-playing exercises guided by psychologists and social workers
- Youth Engagement Sessions
  - Discussions with young people on online hate experiences
  - Navigation and testing of the ScrollOff portal
  - Feedback on the support group feature
- Reflection and Peer Exchange
  - Cross-country sharing of practices
  - Lessons learned and practical tools
- Closing Session
  - Summary of key outcomes
  - Evaluation and next steps

The format balanced theoretical input, practical application, and co-creation, ensuring meaningful learning for both professionals and young participants.

# 3. Promotion of Experts – Campaign

A pre-Lab promotional campaign was implemented to increase engagement and prepare participants for the International Lab.

## (Campaign Link:

[https://drive.google.com/drive/folders/18UItK5bLJKRlksHO05kK\\_6WtkOrWFIHz](https://drive.google.com/drive/folders/18UItK5bLJKRlksHO05kK_6WtkOrWFIHz)

Experts were highlighted through:

- Professional profiles shared via project networks
- Promotion on EPALE, Atlas, national partnership platforms, and social media
- Visibility within partner newsletters and online communities
- Flyers
- And also informations about the speaker's CV and interests

This campaign helped create anticipation, ensure informed participation, and position the experts as trusted reference points.



**Scroll off**   Co-funded by the European Union  
PROJECT NUMBER: 2023-2-SE02-KA220-YOU-000170150

## International Lab

3–5 November 2025 | Online Event

3-day online event bringing together youth workers, educators, policy experts and digital activists from across Europe. Through interactive sessions, discussions and hands-on workshops, participants will explore strategies to tackle online hate speech, gender-based violence and disinformation, and share good practices for creating safe and inclusive digital spaces.

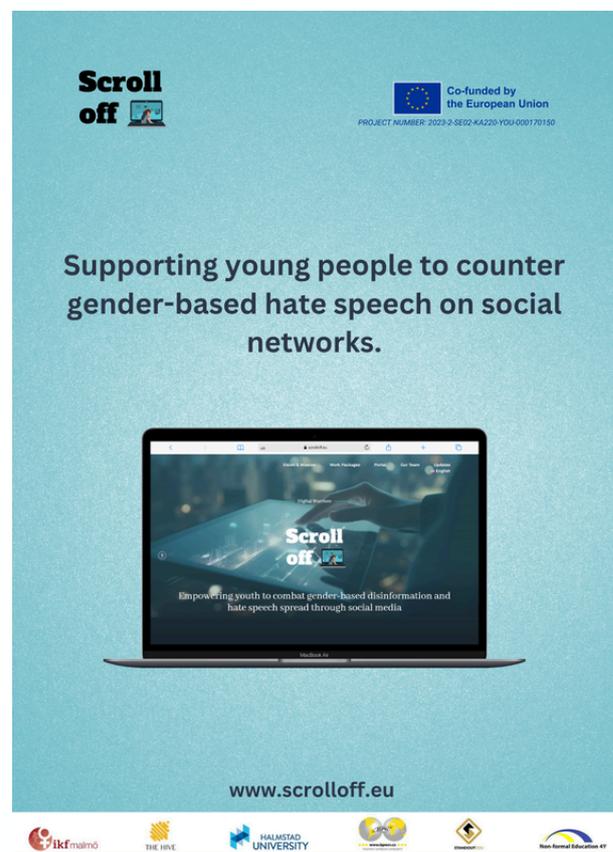


**Let's Scroll Off hate Register now!**

When: 9.00-13.00 CET  
Language: English

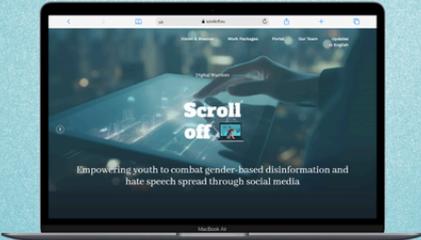
[www.scrolloff.eu](http://www.scrolloff.eu)



**Scroll off**   Co-funded by the European Union  
PROJECT NUMBER: 2023-2-SE02-KA220-YOU-000170150

## Supporting young people to counter gender-based hate speech on social networks.



[www.scrolloff.eu](http://www.scrolloff.eu)

# 4. Expert Presentations – Summary and Materials

During the International Lab, experts from the fields of youth work, psychology, and social work delivered focused presentations covering:

- Forms and mechanisms of gender-based hate speech online
- Psychological and emotional impacts on young people
- Early warning signs of distress in digital environments
- Practical intervention strategies for youth workers
- Ethical and supportive online engagement

**Each presentation was followed by:**

- Q&A sessions
- Guided discussions
- Practical examples linked to youth work practice
- Liveinteractive group gaming and challenges

## **Presentation Materials**

All expert presentations were made available to participants in digital format (PowerPoint/PDF) via the project platform and partner communication channels.  
(<https://drive.google.com/drive/folders/1RumsKyPfeZk11tkd0a6Me5Uadp4Dj-42>)

Also, video recordings of the international lab are available on YouTube channel.

Day1:

- part 1: <https://www.youtube.com/watch?v=tohlxoeXss8>
- part 2: <https://www.youtube.com/watch?v=aG1zFzN5GSc>

Day 2:

- part 1: <https://www.youtube.com/watch?v=ORyYAOCTmW0>
- part 2: <https://www.youtube.com/watch?v=h-McPlFbDi8>

Day 3:

- part 1: <https://www.youtube.com/watch?v=p7qJgex5ouo>

# 5. Audience and Reach

The International Online Lab reached over 150 views during its three-day run, with at least 45 participants earning a certificate, surpassing the minimum target.

## **Audience Breakdown:**

- **Youth Workers:**
  - At least 5 youth workers per partner
  - Total: 20 youth workers
  - Participants had prior training from national workshops and actively applied their knowledge.
  
- **Young People:**
  - At least 5 young people per partner
  - Total: 20 young people (directly or through selected sessions)
  - They contributed insights, tested the ScrollOff portal, and supported feature development.
  
- **Experts (Social Workers & Psychologists):**
  - Mental health professionals supported discussions, role-plays, and safeguarding approaches.

Certificate of attendance has also been shared with the registered participants ([https://drive.google.com/drive/folders/10NCUlryQciXG6BLIUvG7XuwSW\\_RG1YxH](https://drive.google.com/drive/folders/10NCUlryQciXG6BLIUvG7XuwSW_RG1YxH))



# 5. Attendance – Description of Audience and Reach

Example or certification of attendance:



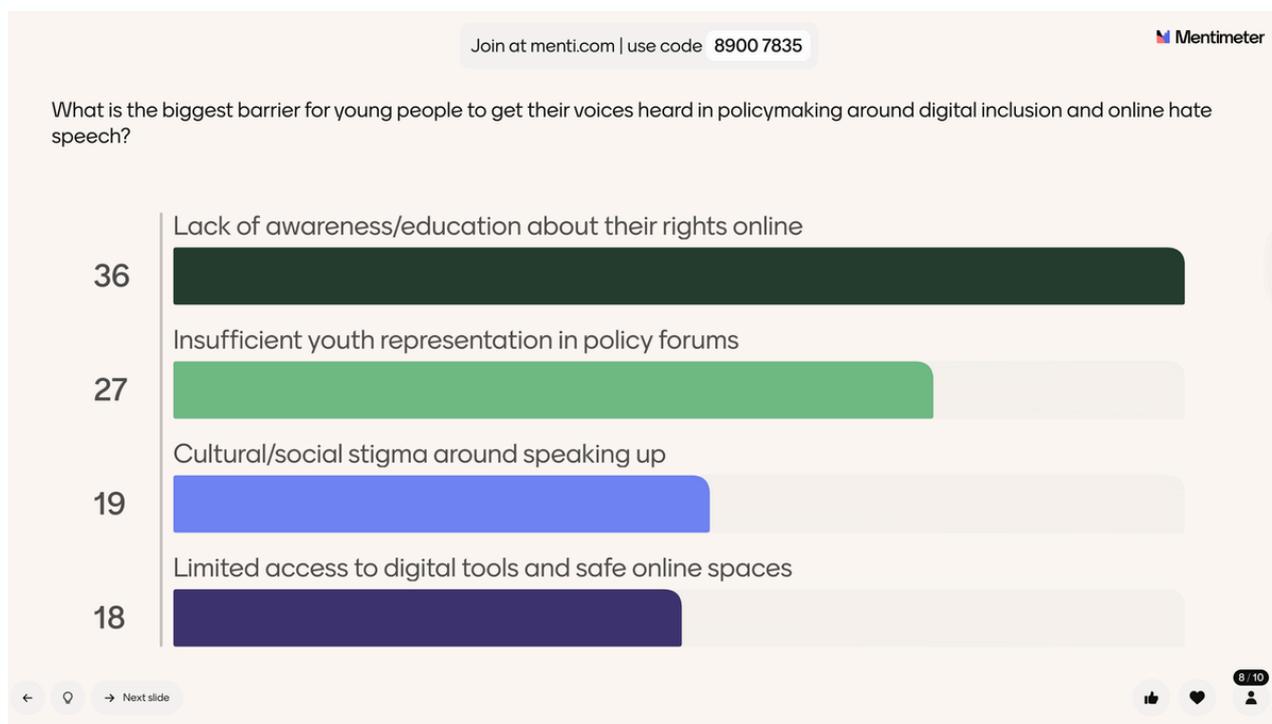
# 6. Evaluations – Experts and Lab Evaluation

Evaluation was conducted through:

- Online feedback forms
- Open reflection sessions
- Expert debrief meetings
- Pop-Up evaluation forms
- Mentimeter evaluation

(Google Drive:

[https://drive.google.com/drive/folders/1of9LAVHrBKAL\\_sNgLHBuEndOYrp-fYbx](https://drive.google.com/drive/folders/1of9LAVHrBKAL_sNgLHBuEndOYrp-fYbx))



# 6. Evaluations – Experts and Lab Evaluation

## Key Feedback Highlights:

- Experts praised the interactive methodology and strong engagement.
- Youth workers reported increased confidence in addressing online hate speech.
- Young people felt heard and valued in shaping digital support tools.
- The integration of mental health perspectives was identified as a key strength.

## Overall, the Lab was evaluated as:

- Relevant
- Well-structured
- Highly applicable to real youth work contexts

## 6. Evaluations – Experts and Lab Evaluation

A total of 34 responses were analysed from participants representing: Sweden, Cyprus, Greece, the Czech Republic, Germany, Iran (Other).

Respondents included: Young participants, Youth workers, Educators, and Other professionals. The majority of respondents provided consent for their comments to be used anonymously in project reports and dissemination materials.

Participants repeatedly highlighted key strengths of the program, including its interactive methodology, such as online games, quizzes, role-play scenarios, and gamification, which they found engaging, motivating, and effective for learning and exchanging ideas; the quality of presentations and experts, with professional talks, inspirational seminars, research presentations, and Q&A sessions that combined expertise with opportunities for discussion; and the international and collaborative dimension, emphasizing the European scope, collaboration with like-minded peers, and witnessing young people actively addressing important social issues, confirming that the international and peer-learning aspects were highly appreciated.

***“It really made me think about ways that I could help in my everyday life, one step at a time.”***

- Participant at the Lab

# 6. Evaluations – Experts and Lab Evaluation

## International Lab Evaluation Questionnaire:

Project: ScrollOff

Work Package 4 (WP4): International Lab on Gender-Based Hate Speech  
& Youth Mental Health

Duration: 3 days

Format: Online

Instructions:

Please take 5–10 minutes to complete this evaluation form. Your feedback is essential to help us assess the effectiveness of the Lab and improve future activities. All responses are anonymous.

### Section 1: General information

Your country:  Greece  Cyprus  Sweden  Czech Republic  Other:

\_\_\_\_\_

Your role:  Young Participant  Youth Worker  Educator  Other:

\_\_\_\_\_

Have you previously participated in ScrollOff activities (e.g., National Workshops)?  Yes  No

### Section 2: Content and learning outcomes

The objectives of the International Lab were clear and well-communicated.

Strongly Agree  Agree  Neutral  Disagree  Strongly Disagree

The Lab helped me better understand gender-based hate speech and its impact on youth mental health.

# 6. Evaluations – Experts and Lab Evaluation

## International Lab Evaluation Questionnaire:

The sessions helped me develop practical skills to identify, prevent, or respond to online hate speech.

Strongly Agree  Agree  Neutral  Disagree  Strongly Disagree

I found the ScrollOff portal, Support Group Channel, and online forum easy to navigate and useful.

Strongly Agree  Agree  Neutral  Disagree  Strongly Disagree

The activities and role-playing scenarios were interactive and engaging.

Strongly Agree  Agree  Neutral  Disagree  Strongly Disagree

### Section 3: Facilitation and delivery

The facilitators and educators were well-prepared and knowledgeable.

Strongly Agree  Agree  Neutral  Disagree  Strongly Disagree

The online format was well-organized and technically smooth.

Strongly Agree  Agree  Neutral  Disagree  Strongly Disagree

The digital tools used (Zoom, Miro, Mentimeter, Jamboard, etc.) supported interaction and participation.

Strongly Agree  Agree  Neutral  Disagree  Strongly Disagree

I felt comfortable sharing my ideas and experiences during the sessions.

Strongly Agree  Agree  Neutral  Disagree  Strongly Disagree

### Section 4: Impact and future use

The Lab helped me reflect on my own online behaviour and attitudes toward gender-based hate speech.

Strongly Agree  Agree  Neutral  Disagree  Strongly Disagree

# 6. Evaluations – Experts and Lab Evaluation

## International Lab Evaluation Questionnaire:

I will apply the knowledge and tools gained in my personal, educational, or professional environment.

Strongly Agree  Agree  Neutral  Disagree  Strongly Disagree

I am likely to recommend the ScrollOff portal and tools to peers or colleagues.

Strongly Agree  Agree  Neutral  Disagree  Strongly Disagree

The International Lab strengthened my motivation to engage in youth work and digital well-being initiatives.

Strongly Agree  Agree  Neutral  Disagree  Strongly Disagree

## Section 5: Open feedback

What part of the International Lab did you find most useful or inspiring?

Open-ended answer

What would you suggest improving for future online Labs?

Open-ended answer

Please share any additional comments, reflections, or testimonials we can use in project reporting.

Open-ended answer

## Optional – Consent for use of feedback

I consent to my comments being used anonymously in project reports, dissemination materials, or testimonials.

## 7. Conclusion

The Youth Workers International Lab was successful in meeting its goals by integrating training, practice, and co-creation in an international online environment. The initiative enhanced the capabilities of youth workers, gave voice to young people, and reiterated the significance of mental health-informed responses to gender-based hate speech.

By certification, dissemination, and active stakeholder engagement, the Lab ensured both short-term and long-term sustainability. The results achieved are important contributions to safer online spaces and more resilient youth communities in the respective countries.

The evaluation of the International Lab demonstrates:

- Very high overall satisfaction among participants and professionals.
- Strong appreciation for interactive methods, expert input, and international collaboration.
- Clear evidence of learning impact and personal inspiration.

While minor improvements are suggested regarding duration, structure, and interactivity, the overall feedback confirms that the International Lab was a high-quality, relevant, and successful activity.

The results strongly support the continuation and further development of the International Lab model in future projects.

*Read more regarding evaluation:*

<https://drive.google.com/file/d/1gVXj8WMypng-S1OweJWNi23wSrOReXMR/view?usp=sharing>



# Final Conclusion



# Final Conclusion

The Youth Workers International Lab represented a key milestone in the project, successfully connecting national-level capacity building with transnational cooperation and practical application. By bringing together youth workers, young people, and mental health professionals in an inclusive online setting, the Lab fostered meaningful dialogue, peer learning, and skills development focused on combating gender-based hate speech and supporting young people's mental well-being.

The combination of expert knowledge, participatory methodologies, and youth-led input ensured that learning was both evidence-based and grounded in real digital experiences. Youth workers strengthened their ability to recognize harmful online behaviors, intervene appropriately, and provide emotional support, while young people actively contributed to shaping safer digital spaces through the ScrollOff portal.

The strong attendance, positive evaluations, and effective dissemination demonstrate the relevance and impact of the activity. The International Lab not only met its quantitative and qualitative objectives but also laid the foundation for sustainable collaboration, continued learning, and long-term use of the developed tools and resources. Overall, the Lab significantly contributed to building a more informed, resilient, and supportive youth work ecosystem capable of addressing online hate speech and protecting young people's mental health at both national and European levels.



*Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor EACEA can be held responsible for them.*

