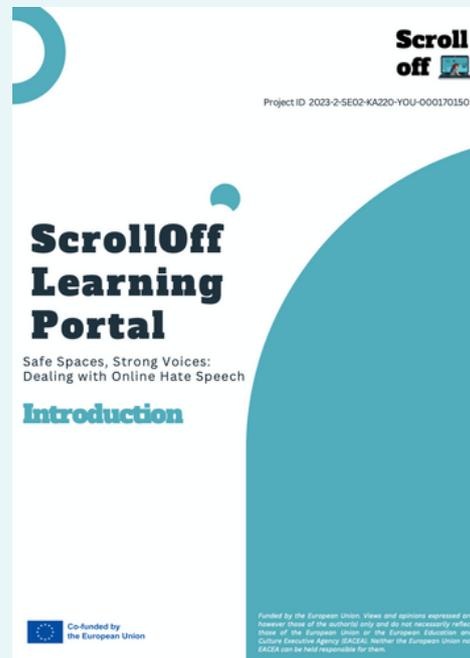


## Introducing the ScrollOff Learning Portal

We are thrilled to announce the launch of the Learning Portal, a pivotal resource in our shared mission to address and combat gender-based hate speech and disinformation. This key milestone represents a significant step in equipping youth workers with the knowledge and tools to support young people in navigating and challenging harmful narratives on social media.

### What is the Scroll Off Learning Portal?

The ScrollOff Learning Portal: Safe Spaces, Strong Voices course is designed to provide youth workers with the knowledge and practical skills needed to recognize, address, and intervene in incidents of online hate speech, particularly gender-based hate. This course aims to equip youth workers with real-world tools to support young people who face discrimination, harassment, and harmful interactions in digital spaces. By focusing on empathy, real-life scenarios, and role-playing exercises, the course offers an engaging, hands-on approach to learning, fostering a deeper understanding of the impact of online hate and providing actionable steps to combat it.



### The modules aims to equip youth workers with the necessary knowledge and skills to:

- Understand the fundamental challenges young people face in digital environments, including online hate speech, exclusion, and bullying.
- Recognize the impact of gender-based and intersectional discrimination on youth in digital spaces.
- Develop strategies to foster safe and inclusive online communities.
- Learn intervention techniques and support mechanisms for young individuals affected by digital harassment.

# How to Protect Yourself from Attacks on Social Media

1.

**Limit Public Visibility:** Adjusting privacy settings on social media can help prevent unwanted interactions with aggressors. For example, limiting post visibility or filtering comments can minimize negative interactions.

3.

**Separate Personal and Professional Accounts:** Maintaining separate work and private accounts can prevent personal information from being easily accessible to the public.

5.

**Seek Professional Help:** If online attacks cause anxiety or stress, consulting a cybersecurity expert or psychologist can be beneficial.

2.

**Block and Report Inappropriate Behavior:** If faced with online attacks, blocking the aggressors and reporting their behavior to platform administrators is a recommended course of action.

4.

**Resilience and Avoiding Conflict:** Negative comments can be provocative, but the best approach is to refrain from impulsive reactions and seek support from colleagues or supervisors.

## Understanding Youth Needs and Challenges

Young people today experience a unique set of challenges due to the rapid expansion of digital technology and online interactions. While the internet provides unprecedented access to information, communication, and self-expression, it also exposes youth to risks such as online hate speech, bullying, and digital exclusion.

## The Role of Youth Workers

Youth workers play a vital role in supporting young people as they navigate these challenges. By fostering safe online spaces, promoting critical thinking, and encouraging ethical digital engagement, youth workers can help mitigate the risks associated with digital interactions. This course provides youth workers with practical tools to identify and respond to online hate speech and harassment. It also equips them with strategies to promote inclusivity and digital safety, support young individuals in building resilience against online discrimination, and encourage responsible social media use and digital well-being.

[ENROLL TO LEARNING PORTAL](#)

## What's Next? Join Us in Taking Action

The ScrollOff project continues to bring the insights of the **Learning Portal** to life through **national workshops and labs** and **introducing policy briefs** in the upcoming months. These events are designed to provide hands-on training, foster collaboration among participants, and enable practical application of the strategies outlined in the Learning Portal.

We invite you to join this movement and take part in these transformative sessions.

Write to us at [\[Insert Contact Email\]](#) to learn more and reserve your spot at an upcoming national workshops or lab. Together, we can create safer and more inclusive online environments for young people.



## WHO IS BEHIND THE PROJECT

This project is co-funded by European Union in programme Erasmus+ and six organizations from Sweden, Ukraine, Cyprus, Greece and Czech Republic are involved in its implementation:

- ▶ [Internationella Kvinnoföreningen](#)
- ▶ [HOGSKOLAN HALMSTAD](#)
- ▶ [The Hive](#)
- ▶ [Stando Ltd.](#)
- ▶ [NGO "Non-formal education for youth"](#)
- ▶ [Business & Professional Women CR](#)

## FOLLOW US ALSO ON



Empowering youth to combat gender based disinformation and hate speech spread through social media (ScrollOff)

PROJECT NUMBER: 2023-2-SE02-KA220-YOU-000170150



"Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor EACEA can be held responsible for them."

